



Set a gMG treatment goal and share it with your doctor

This worksheet may help you:

- Think about your gMG symptoms and how they affect you
- Define a goal—your Personal Ability Goal—and share it with your doctor

VYVGART® Hytrulo
(efgartigimod alfa and hyaluronidase-qvfc)
Subcutaneous Injection
180 mg/mL and 2000 U/mL vial

VYVGART®
(efgartigimod alfa-fcab)
Injection for Intravenous Use
400 mg/20 mL vial

What is VYVGART® (efgartigimod alfa-fcab) for intravenous (IV) infusion and what is VYVGART® HYTRULO (efgartigimod alfa and hyaluronidase-qvfc) for subcutaneous injection?

VYVGART and VYVGART HYTRULO are both prescription medicines, each used to treat a condition called generalized myasthenia gravis, which causes muscles to tire and weaken easily throughout the body, in adults who are positive for antibodies directed toward a protein called acetylcholine receptor (anti-AChR antibody positive).

SELECT IMPORTANT SAFETY INFORMATION

Do not use VYVGART if you have a serious allergy to efgartigimod alfa or any of the other ingredients in VYVGART. Do not use VYVGART HYTRULO if you have a serious allergy to efgartigimod alfa, hyaluronidase, or any of the other ingredients in VYVGART HYTRULO. VYVGART and VYVGART HYTRULO can cause serious allergic reactions and a decrease in blood pressure leading to fainting.

Please see Important Safety Information on the last page. Please see full Prescribing Information for [VYVGART for IV infusion](#) and [VYVGART HYTRULO for subcutaneous injection](#).

How do your gMG symptoms impact the things that matter most to you?

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You probably know how your gMG symptoms affect your everyday abilities.

To define your **Personal Ability Goal**, think about what those abilities really mean to you.

What's something you enjoy but can't do because of your gMG symptoms?

Describe a time when you had to cancel or postpone something you were looking forward to due to gMG symptoms: _____

Use this space to write down what you'd most want to do if your gMG symptoms could be improved.

My Personal Ability Goal is _____

because _____

Now that you've set a Personal Ability Goal, it's time to share it with your doctor

Sharing your MG-ADL symptom score and your Personal Ability Goal may help your doctor understand what you want from your treatment plan and **try to help you reach your goals**.

Here are a few discussion points that may help you guide the conversation.

My current MG-ADL symptom score is _____

Don't know your MG-ADL symptom score? [Use the interactive tool](#) to track 8 common signs and symptoms of gMG.

I'd like to be able to _____
(Fill in your Personal Ability Goal here)

Could VYVGART be an option to reduce my gMG symptoms and improve my abilities?

 **Bring these notes with you to your next doctor's appointment to help guide the discussion.**

This information has been provided for educational purposes only and is not meant as a substitute for professional medical advice. Remember to let your healthcare provider know if there are any changes to your MG-ADL score.

MG-ADL=Myasthenia Gravis Activities of Daily Living
Visit [VYVGART.com/glossary](https://www.vyvgart.com/glossary) for a glossary of terms.

SELECT IMPORTANT SAFETY INFORMATION

VYVGART and VYVGART HYTRULO may cause serious side effects, including:

- **Infection.** VYVGART and VYVGART HYTRULO may increase the risk of infection. The most common infections for efgartigimod alfa-fcab-treated patients were urinary tract and respiratory tract infections. Signs or symptoms of an infection may include fever, chills, frequent and/or painful urination, cough, pain and blockage of nasal passages/sinus, wheezing, shortness of breath, fatigue, sore throat, excess phlegm, nasal discharge, back pain, and/or chest pain.

Please see Important Safety Information on the last page. Please see full Prescribing Information for [VYVGART for IV infusion](#) and [VYVGART HYTRULO for subcutaneous injection](#).



Connect one-on-one with an adult mentor who can share their experience taking VYVGART for IV infusion for anti-AChR antibody positive gMG.

Enroll today at [MyVYVGARTJourney.com](https://www.MyVYVGARTJourney.com)

AChR=anti-acetylcholine receptor

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- **Allergic Reactions (hypersensitivity reactions).** VYVGART and VYVGART HYTRULO can cause allergic reactions such as rashes, swelling under the skin, and shortness of breath. Hives were also observed in patients treated with VYVGART HYTRULO. Serious allergic reactions, such as trouble breathing and decrease in blood pressure leading to fainting have been reported with efgartigimod alfa-fcab.
- **Infusion-Related Reactions.** VYVGART and VYVGART HYTRULO can cause infusion-related reactions. The most frequent symptoms and signs reported with efgartigimod alfa-fcab were high blood pressure, chills, shivering, and chest, abdominal, and back pain.

Tell your doctor if you have signs or symptoms of an infection, allergic reaction, or infusion-related reaction. These can happen while you are receiving your VYVGART or VYVGART HYTRULO treatment or afterward. Your doctor may need to pause or stop your treatment. Contact your doctor immediately if you have signs or symptoms of a serious allergic reaction.

Before taking VYVGART or VYVGART HYTRULO, tell your doctor if you:

- take any medicines, including prescription and non-prescription medicines, supplements, or herbal medicines,
- have received or are scheduled to receive a vaccine (immunization), or
- have any allergies or medical conditions, including if you are pregnant or planning to become pregnant, or are breastfeeding.

What are the common side effects of VYVGART and VYVGART HYTRULO?

The most common side effects in efgartigimod-alfa-fcab-treated patients were respiratory tract infection, headache, and urinary tract infection. Additional common side effects with VYVGART HYTRULO are injection site reactions, including rash, redness of the skin, itching sensation, bruising, pain, and hives.

These are not all the possible side effects of VYVGART and VYVGART HYTRULO. Call your doctor for medical advice about side effects. You may report side effects to the US Food and Drug Administration at 1-800-FDA-1088.

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Please see the full Prescribing Information for VYVGART and the full Prescribing Information for VYVGART HYTRULO, and talk to your doctor.

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